

ABBOTSMEDE NEWS

Message from the Headteacher

Dear Parents/Carers,

The children have had a fantastic Children In Need day today. It was lovely to see so many 'spotty' children! I am sure they will have great fun telling you all about it, and we will keep you informed of the amount raised in the near future. Your support was very much appreciated.

On Sunday a small group of Year 6 children and their families joined the Remembrance Day celebrations by sharing the school banner which they made in order to mark the occasion. There were a number of Peterborough schools who lined the route of the procession, and it was a great opportunity for us to be part of this day. We were also very lucky to win the inter school competition and be one of three schools that had their wreath laid at the War Memorial.



We are looking forward to an assembly by the local ice hockey team Peterborough Phantoms on Monday, and as part of this they are offering free tickets to watch a game on Saturday 24th November, 7pm. So, please look out for these over the next week ahead.

Have an enjoyable weekend.

Rachael Holland
Headteacher

Head Lice

A case of head lice has been reported. Would you please check your child's head tonight for live lice (tiny grey/brown insects) or eggs using a detection comb. The best places to peek are close to the scalp, behind the ears, the back of the neck, the top of the head and under the fringe.

If you find lice, it is important to check all family members, in particular other children in the household.

Treatments are available at all chemists and supermarkets

Recommended Number of Hours Sleep for children

Please see overleaf

Attendance Congratulations

Week 12th November – 16th November

Classes with 97% and above

EYFS - RRS

KS1 – 10G & 2AJ

KS2 – 3MP; 4CW; 5HN; 5PD & 6VH

Celebrating Punctuality

EYFS – RRS

KS2 – 3MP; 4FL; 5HN; 5PD & 6VH

Events

21 st Nov	Volunteer Information Morning – 9am
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Open morning and afternoon for 2019 Reception starters!

Is your child due to start Reception in September 2019? If so, come to our open morning or afternoon session to tour our fabulous school and find out more about Lime Academy Abbotsmede.

When: Wednesday 28th November 9am or 1pm

Where: Come to the front office on Kingsley Road

Volunteer Information Morning Wednesday 21st November – 9am

Are you, or do you know anyone who may be interested in becoming a volunteer at our school? If so, we are holding an information session next week. Why not come along and find out all about becoming a volunteer.

Absence Procedures

If your child is absent you must:

Contact the school on the first day of absence and keep us informed thereafter via the absence line or directly at the school office.

If your child is due to have a planned medical appointment or procedure/operation, you must notify the school in advance and provide documentary evidence in the form of an official letter or appointment card. Where available, make appointments outside of school hours.



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AGE GROUP

RECOMMENDED NUMBER OF HOURS OF SLEEP

Newborns (0-3 months)

14-17 hours



Infants (4-11 months)

12-15 hours



Toddlers (1-2 years)

11-14 hours



Preschoolers (3-5)

10-13 hours



School-age children (6-13)

9-11 hours



Teenagers (14-17)

8-10 hours

Young adults (18-25)

7-9 hours

Adults (26-64)

7-9 hours

Seniors (65 and older)

7-8 hours

